The Healing Forest: The Entire African American Community as the Recovery Center

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Great Lakes (HHS Region 5)



The Healing Forest

- Don Coyhis, White Bison
- www.whitebison.org



Photo: whitebison.org

Don Coyhis:

"Suppose you have 100 acres full of sick trees who want to get well. If each sick tree leaves the forest to find wellness and then returns to the forest. they get sick again from the infection of the rest of the trees. The Elders taught us that to treat the sick trees, you must treat the whole forest. You must create a healing forest. If not, the trees will just keep getting sick again. The community forest is now filled with alcoholic trees, drug-addicted trees, co-dependency trees, domestic violence trees, and trees with mental illness. The soil in which those trees are growing is missing the ceremonies, the songs, the stories, the language and the wisdom of our Flders "



Photo: iStock

The Healing Forest: The African American Community as the Recovery Center

Families

Treatment centers

Faith-based organizations

Other social service organizations

Persons in long-term recovery

The formerly incarcerated

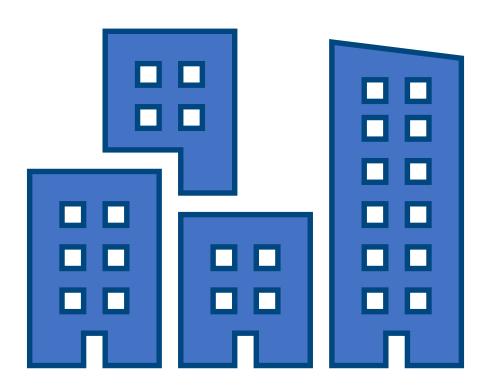
Employers

Concerned citizens

African American Risk Factors for Substance Use Disorders

Urban Communities

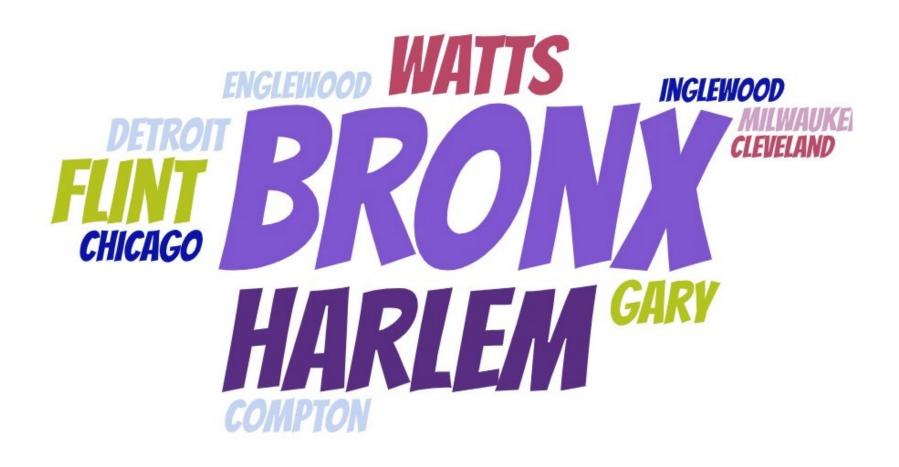
Rural Communities



African Americans in Urban Communities:

An urban community is a city or town with 2,500 or more residents.

Urban Communities



Urban Communities: Risk Factors for African Americans

Overcrowding

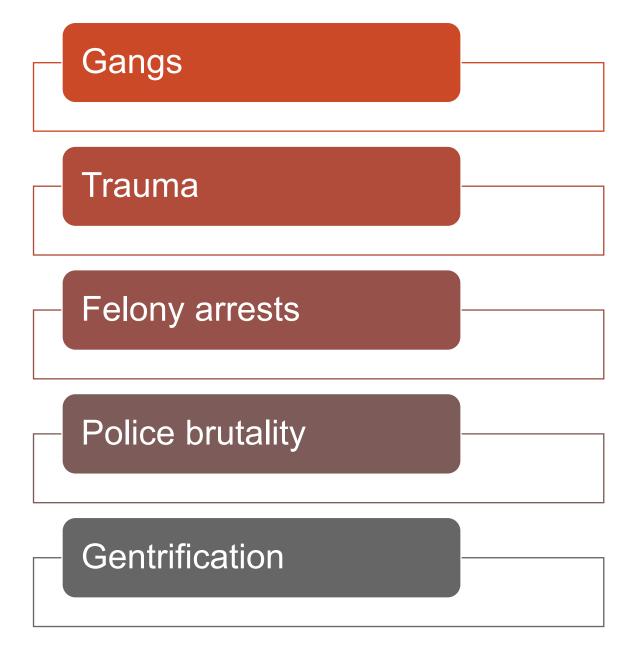
High unemployment

Easy access to drugs

Community violence

Fear of being dead soon

Urban Risk Factors





Gentrification...

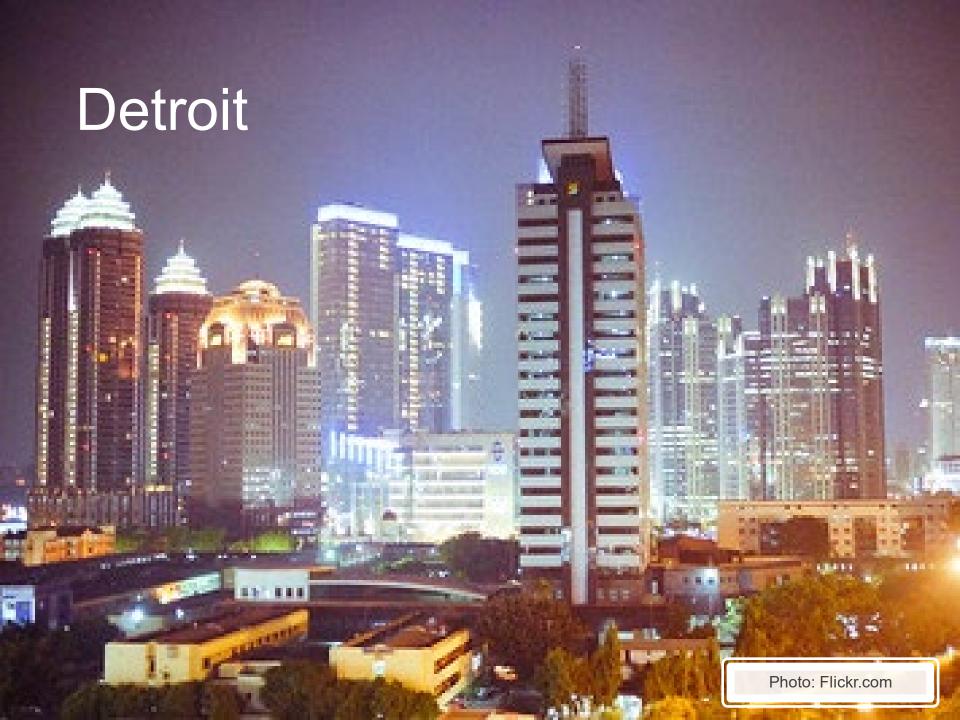
Photo: iStock

More Risk Factors:

Poorly performing schools

"Haves" and "Have Nots"





Risk Factor: Poverty

Job Loss



Result



Flint, Michigan



Rural Communities:

Risk Factors for African Americans



20% of African Americans live in rural America



Last hired, first fired (during recessions)



Harder for African American farmers to get loans (14% to 2%)



Lower union representation



More arrests and criminal justice involvement

Rural Risk Factors

Voter suppression

Poverty

Invisibility

Northern gangs

Crisis

Shifted from a focus on acute care treatment to creating a healing forest



Timeline

- Crack cocaine crisis of the 1980's
- The criminalization of addiction
- Increased child welfare involvement
- Methamphetamine crisis
- Opioid epidemic today





Healing Forests in African American Communities

Detroit Recovery Project

- Recovery anchored throughout the city of Detroit
- Partnership city of Detroit and state of Michigan
- Recovery Coaching
- Ongoing recovery support anchored in African American communities
- Sober Sports, recreation
- Recovery Housing
- Recovery Community Organization (RCO)





Recovery Community Organizations

A Recovery Community Organization (RCO) is led by persons in recovery, their family members, friends and allies. RCOs provide a combination of long-term peer-based recovery supports, community education, grassroots mobilization and advocacy to support recovery. The sole mission of an RCO is to mobilize resources within and outside of a community to increase the prevalence and quality of long-term recovery within a community (Valentine, White and Taylor, 20--)

Healing Forest, Continued



Interdenomination al Partnerships



One Church One

Addict

Inmate

School

Chicago Recovery Communities Coalition



- Recovery Coaching (westside Chicago)
- Prevention program
- ROSC Council on the westside
- NARCAN
- Employment opportunities

Miracle Village, Gary, IN



SERVICES PROVIDED IN PUBLIC HOUSING



AFFILIATION
WITH MENTAL
HEALTH,
MEDICAL
HEALTH, AND
CHILDCARE



THE USE OF RECOVERY COACHES



HELP WITH EMPLOYMENT

Healing Forest: Criminal Justice

Inner circle/winner circle Alternative to incarceration South Western Correctional Center Recovery Coaching in prison Co – occurring Disorders Services Thresholds – police partnership **Employment** Assistance **Ongoing Recovery** Coaching



Photos: www.glide.org

Glide Church, San Francisco

"Radically inclusive"

2,000 members – 1,600 in recovery

Rallies in the community without anonymity

16 generations of recovery

Special programming for men and women

Recovery Oriented System of Care Council (ROSC)

Cross-section of the entire
African American Community
working together to create a
healing forest to promote
recovery:

- The clergy
- Church members
- Families
- Employers
- Treatment centers

Persons in recovery

ROSC Councils:

Criminal justice personnel

Other social service organizations

www.museumofafricanamericanaddictionsrecovery.org

Online Museum of African American Addictions, Treatment and Recovery

Home	Museum History Free Scholarly Articles		Historical Pioneer	rs Books	Podcasts	Free Workbooks	
	Leadership Interviews	Hall Of Fame	Trainers	Scientists	Dr. Carl Bell	Dr. Fred Dyer	Adolescent Corner
	Educational Videos	History Of A.A.	Movies	Songs	Celebrities In Recovery	Gone Too	Soon!
	DREAMS CUT SHORT			n Webinars Becoming		ainer Blac	Temperance Movement
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WELCOME The purpose of this website is to serve as a single location where individuals who are interested in information about addictions, treatment, and recovery among African Americans can be found. The site contains historical data, scholarly articles, educational videos, music and DVDs.