

### The Integration Institute

Network Coordinating Office
March 2017



## Important stuff

Integrated care is the systematic coordination of general and behavioral healthcare. Integrating mental health, substance use disorders, and healthcare services [that] produces the best outcomes and proves the most effective approach to caring for people with multiple healthcare needs. (SAMHSA, 2010)









ATTC Network: Advancing the Integration of Substance Use Disorder Services and Health Care



Nikola Tesla famously said, "The spread of civilization may be likened to a fire; first, a feeble spark, next a flickering flame, then a mighty blaze, ever increasing in speed and power." Tesla has been described as an innovator and visionary. His description of the spread of civilization reflects his understanding of how ideas, science and technology move society ever forward. Few societal structures in the United States are more in flux today than health care. As health care reform spreads, the flames of opportunity for better, more cost-effective care are fanned. The Addiction Technology Transfer (ATTC) Network is catalyzing a national, multidisciplinary "blaze" to ensure that when equilibrium is restored Substance Use Disorder (SUD) services are an integrated, accessible part of mainstream health care.





ATTC WHITE PAPER:
INTEGRATING SUBSTANCE USE
DISORDER AND HEALTH
CARE SERVICES IN AN ERA OF
HEALTH REFORM
MARCH 2015



ATTC WHITE PAPER:
BUILDING CAPACITY FOR
BEHAVIORAL HEALTH
SERVICES WITHIN PRIMARY
CARE AND MEDICAL
SETTINGS
MAY 2016



ATTC WHITE PAPER:
PREPARING
STUDENTS TO
WORK IN
INTEGRATED
HEALTH CARE
SYSTEMS
FEBRUARY 2017







#### The Integration Institute

Bringing Primary Care to Addiction Services and Addiction Services to Primary Care. See below for more details about the Integration Institute.

#### **ATTC Network Forum**

The <u>2014 ATTC Network Forum</u> will provide an opportunity for key stakeholders to discuss health care and substance use disorders (SUD) services integration.

#### **ATTC Issue Brief**

The <u>Issue Brief</u> describes the ATTC Network's plans to advance the integration of care.

#### **ATTC White Paper Series**

The Forum will be followed by a <u>series of papers</u> that address specific aspects of the integration of care.



### Think back to 2<sup>nd</sup> grade

NAME

Wikipedia says: The 5 W's are questions whose answers are considered basic in information gathering or problem solving.

TITLE WHO	WHY
WHRT	
wнеке	HOW
WHEN	



#### The 5 W's

Someone who don't understand

for those who don't understand
the question or the answer.

Journalism is a proches to should engage;
the question or the answer.

Journalism is a proches to should engage;
the question or the answer.

Journalism is a proches and a state of mind.

Journalism is a proches.

Journalism is a state of mind.)







## What is an Integration Institute?

- Group learning experience with <u>experienced</u> facilitators (15 – 20 organizations)
- Reduces the amount of time to get evidenced based and practice based evidence out to the field
- Builds capacity within and across agencies
- Supports change process over time



## **Faculty**



Kathleen Reynolds MSW, ACSW



## Why an "Integration" Institute?

- Initial rounds of "integration" included mental health and primary care
- Prevalence of addictive disorders in primary care is high and often goes undiagnosed
- Section 2703 of the Affordable Care Act Health Homes
- Emerging, identified co-morbidity between addiction and diabetes



#### How does this fit with the NCO?





Do you remember what you were doing on Wednesday April 13, 2016 at 1:30pm Eastern Time





### When did we do an "Integration" Institute?

#### 9 Month Learning Collaborative

	2013	SEPTEN	IDLK		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5
7	8	9	10	11	12
14	15	16	17	18	19
21	22	23	24	25	26
28	29	30			
	7 14 21	1 8 15 15 21 22	1 2 7 8 9 14 15 16 21 22 23	1     2     3       7     8     9     10       14     15     16     17       21     22     23     24	1     2     3     4       7     8     9     10     11       14     15     16     17     18       21     22     23     24     25

2016 JUNE									
SUN	MON	TUE	WED	THU	FRI	SAT			
			1	2	3	4			
5	6	7	8	9	10	11			
12	13	14	15	16	17	18			
19	20	21	22	23	24	25			
26	27	28	29	30					

www.free-printable-calendar.com



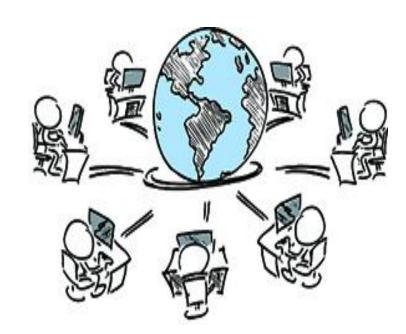
### Who participated in the "Integration" Institute?

Berks Counseling Center (PA) St Vincent DePaul Family Health Center (CA) ADMH (AL) The Bridge Behavioral Health (NE) Center for Human Development (MA) Team Management 2000 Inc. (NJ) Richmond Behavioral Health Authority (VA) Discovery House (RI) \*



## Where was the "Integration" Institute?







#### What difference did we make?

- ADMP was able to identify and FQHC and a substance abuse provider and provide start up costs
- Richmond Behavioral Health was able to expand primary care services at a newly acquired residential substance use disorders facility
- The Bridge Behavioral Health obtained a physician from their local FQHC daily for 2 hours
- Berks Counseling Center implemented an on-site pharmacy and lab and health screenings and wellness supports for all clients
- St Vincent DePaul Health Center saw 69% of our mental health patients were seen by a PCP within 30 days of the referral.



## What strengths and talents did we use?

- ✓ NCO strategic direction and support and systems change and tech transfer
  - 10 regional centers
  - 4 national focus areas
  - 1 Vietnam HIV ATTC

- ✓ NIATx successful learning collaborations
  - STAR-SI
  - OTP
  - BH Business
  - WI Mental Health
  - AR...
- ✓ Technology leveraged-Basecamp and AdobeConnect



#### What contributed most to the success?





#### What did we learn?

- Participants who paid for the learning collaboration participated more fully
- Even if participants weren't able to make the closeout meeting they finished their final report outs
- Government agencies can have success
- People love Madison



## Sustainability

 http://attcniatx.blogspot.com/2015/07/how-tointegrate-addiction-services.html

 http://attcnetwork.org/advancingintegration/index .aspx



#### What's next?

